

PSYCHOTHERAPY

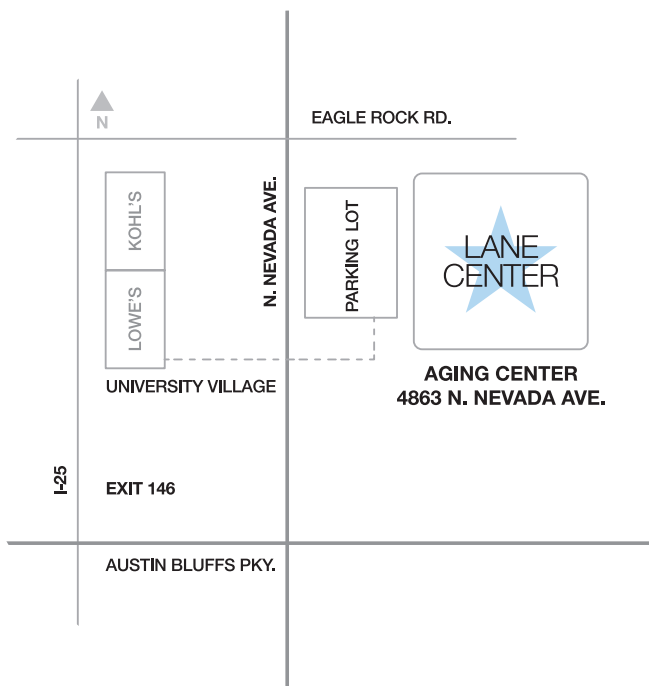


Although life's challenges can become overwhelming at any age, mental health concerns compound the many changes that older adults face.

Psychotherapy services are available at the UCCS Aging Center for individuals 55+, groups, couples, and families. Our clinicians are specially trained to work with older adults to address common stressors and problems faced in later life.

*depression, loneliness, anxiety,
adjustment issues, decision making,
marital strife*

UCCS AGING CENTER LOCATION



The Aging Center is in the Lane Center for Academic Health Sciences. Please park in any HealthCircle spot or designated handicap spaces if you have the appropriate tag.

4863 N. Nevada Ave., Suite 321
Colorado Springs, CO 80918

Hours: Monday-Friday, 8-5 pm

Phone: (719) 255-8002

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uccs.edu/agingcenter



HealthCircle

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COLORADO SPRINGS